

AQUATIC CENTRE

MEADOW LAKE

Regular Swimming Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 a.m.	Lane Swim (6:00 - 9:00)	Lane Swim (6:00 - 9:00)	Lane Swim (6:00 - 9:00)	Lane Swim (6:00 - 9:00)	Lane Swim (6:00 - 9:00)	Lane Swim (6:00 - 9:00)	Lane & Kiddie (12:00 to 1:00)
7:00 a.m.	AQUAFIT (7:50 - 8:50)	AQUAFIT (7:50 - 8:50)	AQUAFIT (7:50 - 8:50)	AQUAFIT (7:50 - 8:50)	AQUAFIT (7:50 - 8:50)	AQUAFIT (7:50 - 8:50)	Public Swimming (1:00 - 3:00)
8:00 a.m.							Family Swimming (3:00 - 5:00)
9:00 a.m.	School/Group Lessons Bookings	School/Group Lessons Bookings	School/Group Lessons Bookings	School/Group Lessons Bookings	School/Group Lessons Bookings	Red Cross Pre-school Lessons (9:25 - 12:00)	Lane Swim (5:00 - 6:00)
10:00 a.m.							Having a Birthday Party? Call for information on our packages. 236-2686
11:00 a.m.							
12:00 p.m.	Lane & Kiddie (12:00 - 1:00)	Lane & Kiddie (12:00 - 1:00)	Lane & Kiddie (12:00 - 1:00)	Lane & Kiddie (12:00 - 1:00)	Lane & Kiddie (12:00 - 1:00)	Lane & Kiddie (12:00 - 1:00)	
1:00 p.m.							
2:00 p.m.	School/Group Lessons Bookings	School/Group Lessons Bookings	School/Group Lessons Bookings	School/Group Lessons Bookings	School/Group Lessons Bookings	Public Swimming (1:00 - 5:00)	
3:00 p.m.							
4:00 p.m.	Public Swimming (4:00 - 6:00)	Red Cross Lessons (4:00 - 6:00)	Public Swimming (4:00 - 6:00)	Red Cross Lessons (4:00 - 6:00)	Lifeguard Club (4:00 - 6:30)	CLOSED (5:00 - 5:30)	
5:00 p.m.							
6:00 p.m.	Manta Ray (6:00 - 7:30)	AQUAFIT (6:30 - 7:30)	Manta Ray (6:00 to 7:30)	Manta Ray (6:00 to 7:30)	AQUAFIT (6:30 - 7:30)	Family Swimming (5:30 - 7:00)	
7:00 p.m.	Family Swimming (7:30 - 9:00)	Public Swim (7:30 - 9:00)	Family Swimming (7:30 - 9:00)	Public Swim (7:30 - 9:00)	Public Swim (7:30 - 9:00)	Toonie Swim (7:00 - 9:00)	
8:00 p.m.							
9:00 p.m.	Lane Swim (9:00 - 10:00)	Lane Swim (9:00 - 10:00)	Lane Swim (9:00 - 10:00)	Lane Swim (9:00 - 10:00)	Lane Swim (9:00 - 10:00)	Lane Swim (9:00 - 10:00)	
10:00 p.m.							